

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Puzzles & Games Bowlers meet @ 12:15 <small>All Fools' Day</small>	2 S.Training @ 10 Cards & Games @ 12:30	3 Chair Exercise @ 11:00 Bingo @ 12:30	4 S.Training @ 10 Pinochle @ 12:30	5 Trivia @ 10 Canasta @ 12:30 Volunteer Fair & Lunch at Frederick 10:30am-2pm. Van leaves at 10am	6 Trip/ National Capital Radio & TV & Belair Stable Museums/Friday May 10 th call for details \$35.00
7	8 Chair Exercise @ 11am Bowlers meet @ 12:15	9 S.Training @ 10 Cards & Games @ 12:30	10 Speaker/ Nancy Lewis /Identity Theft @ 11 500 & Bridge@12:30	11 S.Training @ 10 Pinochle @ 12:30	12 Chair Exercise @ 11am Canasta & Games@ 12:30	13
14	15 Walkers @ 10 am Bowlers meet @ 12:15 pm	16 S.Training @ 10 Nurse Steve/How do our five senses change as we age?	17 Walkers @ 10am Bingo @ 12:30	18 S.Training @ 10 Pinochle @12:30	19 Walkers @ 10 Canasta &Games @ 12:30	20 Friday May17 th Trip/Accokeek Foundation at Piscataway Park \$30.00 person Bring your lunch
21	22 Walkers @ 10am Bowlers meet @ 12:15 <small>Earth Day</small>	23 S.Training @ 10 Cards & Games @ 12:30	24 Nutrition Minute @ 11am 500 & Bridge @12:30 Card Party 7pm	25 S.Training @ 10 Speaker /Home Health Care @ 11 Pinochle @ 12:30	26 Walkers @ 10 Canasta & Games @ 12:30 <small>Arbor Day (US)</small>	27
28	29 Walkers @ 10 am Bowlers meet @ 12:15	30 S.Training @ 10 Mystery Trip/leave @ 10 am return @ 3pm \$3.00 plus lunch	 <p style="text-align: center;"> <i>April 2013</i> EMMITSBURG SENIOR CENTER 301-600-6350 </p>			